## PATIENT CENTERED MEDICAL HOME



## **CONTACTING YOUR CARE TEAM**

We are available after hours with a provider on call for an emergency. For a true medical emergency, please call 9-1-1.

### **HALLANDALE**

954.458.2572

2500 E Hallandale Beach Blvd Suite 301 Hallandale, FL 33009 Mon - Fri 7:30 AM - 4:00 PM

### **BOCA RATON**

561.391.8086

950 Glades Road 4th Lev**e**l Boca Raton, FL 33431 Mon - Fri 7:30 AM - 4:00 PM

### **COCONUT CREEK**

954.570.9595

5355 Lyons Rd Coconut Creek, FL 33073

Mon - Thurs

7:30 AM - 5:00 PM

Fri 7:30 AM - 4:00 PM

For **NON-URGENT Matters:** Use the patient portal (through the Healow App) to send messages, request medication refills, appointment request, test results, referrals, and non-urgent questions.

For ADMINISTRATIVE Matters: Please contact our Main Office at 954-418-1683.

Fax No.: 954-354-8151



The Complete Local Specialty Care (CLSC) team of experienced and compassionate physicians offers patients the full and comprehensive range of modern healthcare services and family medicine. Our areas of specialization range from Internal Medicine, Geriatrics, Chronic care management, physical exams, minor surgery and much more. Our dedicated and professional team will streamline all aspects of you and your family's healthcare in one convenient location. We are also now offering Televisits through Healow. Once you become a patient of CLSC we will become your single source for all your healthcare needs.

- Yearly Annual Physical
- Sports Physical
- EKG Services
- Lab Services
- Well-Women Exam
- Immigration Exam
- Spirometry
- General Consultation
- Minor Surgeries
- Vaccines

- Diabetes Management
- Flu Shot
- Cancer Screenings
- Hearing Tests
- Wellness care





Scan our QR code for our website and more information about CLSC



# PATIENT CENTERED MEDICAL HOME



### **ABOUT PCMH**

**What is PCMH?** A patient-centered medical home (PCMH) is a system of care in which a team of health professionals works together to provide you with the best possible health care. Your Physician leads the care team which may include nurses, medical assistants, specialists, and any other necessary care professionals. They work together to ensure that you get the best possible quality of healthcare.

#### How does PCMH benefit Me? In a medical home, your care team will:

- Get to know your health history to suggest the best treatment
- Focus on Preventive Care to keep you healthy
- Understand your medical history and help make decisions about your care.
- Help coordinate your medical record across multiple settings by making appointments and making sure that specialist have the information they need to properly care for you.
- Learn all about you.
- Know all aspects of your life that affect your health and well-being.
- Listen to your questions/concerns.
- Obtain past medical records and update your records.
- Obtain and/or give you information on how to obtain insurance coverage.

## A PCMH certified Clinic provides access to evidence-based care, patient education, and self-management support by:

- Providing treatment and recommends preventative services using evidence-based guidelines for care facilitated by electronic medical records.
- Helping establish care goals and helping you meet these goals every step of the way; Coordinating your care across multiple settings and with specialists, as needed, to provide you with the best possible care.
- Providing equal access to care regardless of your source of payment; giving information about community support groups, services, and self-support resources to maintain/improve your physical, mental, and behavioral health.

### What can you do?

- Take care of your health
- Remember that your lifestyle choices affect your health.
- Learn about your health status and what you can do to keep healthy.
- Learn about the financial obligations related to your health.

#### Participate in your care

- Follow the plan that your clinician has agreed is the best for your health.
- Help us identify any obstacles you may have in following the treatment plan.
- Keep scheduled appointments or reschedule them if a conflict arises.
- Take medications as prescribed or let us know why your child is unable to do so

### Communicate with your Care Team

- Ask any questions about your care and be certain you get answers that you need.
- Bring a list of your medications, herbal supplements, and vitamins to your appointment.
- Always tell your medical home team if you have received care from other health professionals and/or any hospitalizations so we can best coordinate/update your care.
- Always give other providers or facilities your primary care physicians information when seeking care outside of our office.





